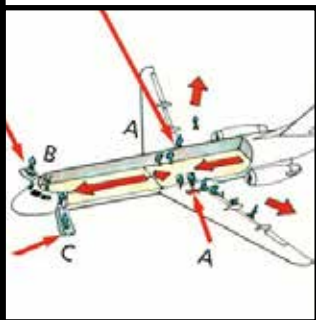


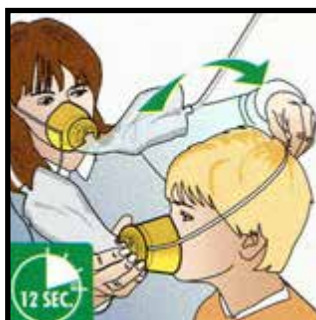
LIFE LESSONS

PRE-FLIGHT INSTRUCTIONS TO GUIDE YOUR LIFE BY BILL HILL

Those animated instructions given by a flight attendant prior to take off, can relate to every day life. Whether traveling for business or pleasure, these six pre-flight directives are applicable even after you have landed.



Locate your nearest exit, keeping in mind it may be behind you...knowing where you have been, and what has happened before, will keep you from making similar mistakes.



Secure your mask before assisting others...if you don't take care of yourself, you will not be able to assist others in need. It is not selfish to keep yourself strong and needs met.



Keep your seat belts securely fastened...Commit to where you are - your stay here is temporary enough - don't endanger yourself or others by not being firmly rooted.



Floatation devices are under your seat...What you've saved up through life thus far will keep you afloat in times of distress. Make sure that you store away resources for unexpected situations.



Turn off all electronic devices...it is a good practice to periodically disconnect from the things that will distract you, especially when you need to focus on a specific task.



Regardless of how well you pack...each of us has a certain amount of baggage we carry everywhere we go. The objective is to minimize those items we carry to the necessities.

Country Foods

It goes without saying that... (text is blurry)



... (text is blurry)

Grape Escape

... (text is blurry)

